



## INTERNATIONAL AMATEUR RADIO UNION REGION I

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# AMATEUR RADIO

## "THE GREATEST OF ALL SCIENTIFIC HOBBIES"



Welcome to the International Amateur Radio Union Region 1 Homepage.  
The federation of national associations of radio amateurs from Europe, Africa, Middle East and Northern Asia.

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### HF



Written by DK4VW - Ulli

Sunday, 15 March 2009 15:40

The article "[IARU Region 1 bandplan - why?](#)" describes the philosophy of the IARU Region 1 bandplan and gives some explanations how to read it.

Access full article in ([English version](#)) or ([German - Deutsche Version](#)).

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[Download the IARU Region 1 HF Bandplan in pdf format](#)

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### IARU REGION 1 HF BAND PLAN

as revised at the General Conference Sun City 2011

FREQUENCY (kHz)	MAX BANDWIDTH (Hz)	PREFERRED MODE AND USAGE
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135.7 – 137.8	200	CW, QRSS and narrow band digital modes
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**RR 5.67A** Stations in the amateur service using frequencies in the band 135.7-137.8 kHz shall not exceed a maximum radiated power of 1 W (e.i.r.p.) and shall not cause harmful interference to stations of the radionavigation service operating in countries listed in No. **5.67**. (WRC-07) (Cavtat 2008)

**RR 5.67B** The use of the band 135.7-137.8 kHz in Algeria, Egypt, Iran (Islamic Republic of), Iraq, Libyan Arab Jamahiriya, Lebanon, Syrian Arab Republic, Sudan and Tunisia is limited to the fixed and maritime mobile services. The amateur service shall not be used in the above-mentioned countries in the band 135.7-137.8 kHz, and this should be taken into account by the countries authorising such use. (WRC-07)(Cavtat 2008)

1.8 MHz Band:	1810 - 1838	200	CW, 1836 kHz - QRP Centre of Activity
	1838 - 1840	500	Narrow band modes
	1840 - 1843	2700	All modes – digimodes, (*)
	1843 - 2000	2700	All modes, (*)

Radio Amateurs in countries that have a **SSB allocation ONLY** below 1840 kHz, may continue to use it, but the National Societies in those countries are requested to take all necessary steps with their licence administrations to adjust the phone allocations in accordance with the Region 1 Bandplan. (Davos 2005)

3.5 MHz	3500 - 3510	200	CW, priority for intercontinental operation
	3510 - 3560	200	CW, contest preferred, 3555 kHz - QRS Centre of Activity

<ul style="list-style-type: none"> <li>▶ <a href="#">Documents</a></li> <li>▶ <a href="#">Photo Gallery</a></li> <li>▶ <a href="#">Web Links</a></li> <li>▶ <a href="#">Youth Coordinators</a></li>   <div style="background-color: #fff; border: 1px solid #ccc; padding: 5px; border-radius: 5px; margin-top: 10px;"> <b>Working Groups</b> <ul style="list-style-type: none"> <li>▶ <a href="#">ARDF</a></li> <li>▶ <a href="#">ARSPEX</a></li> <li>▶ <a href="#">Beacon Programme</a></li> <li>▶ <a href="#">EMC</a></li> <li>▶ <a href="#">Emergency Communications</a></li> <li>▶ <a href="#">External Relations Committee</a></li> <li>▶ <a href="#">HF</a></li> <li>▶ <a href="#">High Speed Telegraphy (HST)</a></li> <li>▶ <a href="#">IPHA</a></li> <li>▶ <b>Monitoring System (IARUMS)</b></li> <li>▶ <a href="#">Political Relations Committee</a></li> <li>▶ <a href="#">Regulatory Affairs</a></li> <li>▶ <a href="#">STARS</a></li> <li>▶ <a href="#">VHF/UHF/SHF Committee</a></li> </ul> </div> </ul>	<p><b>Band:</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td style="padding: 2px;">3560 - 3580</td> <td style="padding: 2px;">200</td> <td style="padding: 2px;">CW, 3560 kHz - QRP Centre of Activity</td> </tr> <tr> <td style="padding: 2px;">3580 - 3590</td> <td style="padding: 2px;">500</td> <td style="padding: 2px;">Narrow band modes - digimodes</td> </tr> <tr> <td style="padding: 2px;">3590 - 3600</td> <td style="padding: 2px;">500</td> <td style="padding: 2px;">Narrow band modes - digimodes, automatically controlled data stations (unattended)</td> </tr> <tr> <td style="padding: 2px;">3600 - 3620</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes - digimodes, automatically controlled data station (unattended), (*)</td> </tr> <tr> <td style="padding: 2px;">3600 - 3650</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, 3630 kHz - Digital Voice Centre of Activity, SSB contest preferred, (*)</td> </tr> <tr> <td style="padding: 2px;">3650 - 3700</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, 3690 kHz - SSB QRP Centre of Activity</td> </tr> <tr> <td style="padding: 2px;">3700 - 3800</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, SSB contest preferred, 3735 kHz - Image Centre of Activity 3760 kHz - Region 1 Emergency Centre of Activity</td> </tr> <tr> <td style="padding: 2px;">3775 - 3800</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, priority for intercontinental operation</td> </tr> </tbody> </table> <p>Intercontinental operations should be given priority in the segments 3500-3510 kHz and 3775-3800 kHz.</p> <p>Where no DX traffic is involved, the contest segments should not include 3500-3510 kHz or 3775-3800 kHz. Member societies will be permitted to set other (lower) limits for national contests (within these limits).</p> <p>3510-3600 kHz may be used for unmanned ARDF beacons (CW) (Davos 2005)</p> <p>Member societies should approach their national telecommunication authorities and ask them not to allocate frequencies to other than amateur stations in the band segment that IARU has assigned to intercontinental long distance traffic.</p>	3560 - 3580	200	CW, 3560 kHz - QRP Centre of Activity	3580 - 3590	500	Narrow band modes - digimodes	3590 - 3600	500	Narrow band modes - digimodes, automatically controlled data stations (unattended)	3600 - 3620	2700	All modes - digimodes, automatically controlled data station (unattended), (*)	3600 - 3650	2700	All modes, 3630 kHz - Digital Voice Centre of Activity, SSB contest preferred, (*)	3650 - 3700	2700	All modes, 3690 kHz - SSB QRP Centre of Activity	3700 - 3800	2700	All modes, SSB contest preferred, 3735 kHz - Image Centre of Activity 3760 kHz - Region 1 Emergency Centre of Activity	3775 - 3800	2700	All modes, priority for intercontinental operation			
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<p><b>7 MHz</b></p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td style="padding: 2px;">7000 - 7040</td> <td style="padding: 2px;">200</td> <td style="padding: 2px;">CW, 7030 kHz - QRP Centre of Activity</td> </tr> <tr> <td style="padding: 2px;">7040 - 7047</td> <td style="padding: 2px;">500</td> <td style="padding: 2px;">Narrow band modes - digimodes</td> </tr> <tr> <td style="padding: 2px;">7047 - 7050</td> <td style="padding: 2px;">500</td> <td style="padding: 2px;">Narrow band modes – digimodes, automatically controlled data stations (unattended)</td> </tr> <tr> <td style="padding: 2px;">7050 - 7053</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes - digimodes, automatically controlled data stations (unattended) (*)</td> </tr> <tr> <td style="padding: 2px;">7053 - 7060</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes - digimodes</td> </tr> <tr> <td style="padding: 2px;">7060 - 7100</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, SSB contest preferred 7070 kHz - Digital Voice Centre of Activity 7090 kHz - SSB QRP Centre of Activity</td> </tr> <tr> <td style="padding: 2px;">7100 - 7130</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, 7110 kHz – Region 1 Emergency Centre of Activity</td> </tr> <tr> <td style="padding: 2px;">7130 - 7200</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, SSB contest preferred, 7165 kHz - Image Centre of Activity</td> </tr> <tr> <td style="padding: 2px;">7175 - 7200</td> <td style="padding: 2px;">2700</td> <td style="padding: 2px;">All modes, priority for intercontinental operation</td> </tr> </tbody> </table>	7000 - 7040	200	CW, 7030 kHz - QRP Centre of Activity	7040 - 7047	500	Narrow band modes - digimodes	7047 - 7050	500	Narrow band modes – digimodes, automatically controlled data stations (unattended)	7050 - 7053	2700	All modes - digimodes, automatically controlled data stations (unattended) (*)	7053 - 7060	2700	All modes - digimodes	7060 - 7100	2700	All modes, SSB contest preferred 7070 kHz - Digital Voice Centre of Activity 7090 kHz - SSB QRP Centre of Activity	7100 - 7130	2700	All modes, 7110 kHz – Region 1 Emergency Centre of Activity	7130 - 7200	2700	All modes, SSB contest preferred, 7165 kHz - Image Centre of Activity	7175 - 7200	2700	All modes, priority for intercontinental operation
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SSB may be used during emergencies involving the immediate safety of life and property and only by stations actually involved in the handling of emergency traffic.

The band segment 10120 kHz to 10140 kHz may be used for SSB transmissions in the area of Africa south of the equator during local daylight hours.

News bulletins on any mode should not be transmitted on the 10 MHz band.

<b>14 MHz</b>	14000 - 14060	200	CW, contest preferred, 14055 kHz - QRS Centre of Activity
<b>Band:</b>	14060 - 14070	200	CW, 14060 kHz - QRP Centre of Activity
	14070 - 14089	500	Narrow band modes - digimodes
	14089 - 14099	500	Narrow band modes - digimodes, automatically controlled data stations (unattended)
	14099 - 14101		IBP, exclusively for beacons
	14101 - 14112	2700	All modes - digimodes, automatically controlled data stations (unattended)
	14112 - 14125	2700	All modes
	14125 - 14300	2700	All modes, SSB contest preferred, 14130 kHz - Digital Voice Centre of Activity 14195 kHz ± 5 kHz - Priority for Dxpeditions 14230 kHz - Image Centre of Activity 14285 kHz - SSB QRP Centre of Activity
	14300 - 14350	2700	All modes, 14300 kHz - Global Emergency centre of activity

<b>18 MHz</b>	18068 - 18095	200	CW, 18086 kHz - QRP Centre of Activity
<b>Band:</b>	18095 - 18105	500	Narrow band modes - digimodes
	18105 - 18109	500	Narrow band modes - digimodes, automatically controlled data stations (unattended)
	18109 - 18111		IBP, exclusively for beacons
	18111 - 18120	2700	All modes - digimodes, automatically controlled data stations (unattended)
	18120 - 18168	2700	All modes, 18130 kHz - SSB QRP Centre of Activity 18150 kHz - Digital Voice Centre of Activity 18160 kHz - Global Emergency Centre of Activity

<b>21 MHz</b>	21000 - 21070	200	CW, 21055 kHz - QRS Centre of Activity
<b>Band:</b>			21060 kHz - QRP Centre of Activity
	21070 - 21090	500	Narrow band modes - digimodes
	21090 - 21110	500	Narrow band modes - digimodes, automatically controlled data stations (unattended)
	21110 - 21120	2700	All modes (excluding SSB) - digimodes, automatically controlled data stations (unattended)
	21120 - 21149	500	Narrow band modes
	21149 - 21151		IBP, exclusively for beacons
	21151 - 21450	2700	All modes, 21180 kHz - Digital Voice Centre of Activity 21285 kHz - SSB QRP Centre of Activity 21340 kHz - Image Centre of Activity 21360 kHz - Global Emergency Centre of Activity

<b>24 MHz</b>	24890 - 24915	200	CW, 24906 kHz - QRP centre of activity
<b>Band:</b>	24915 - 24925	500	Narrow band modes - digimodes
	24925 - 24929	500	Narrow band modes - digimodes, automatically controlled data stations

			(unattended)
24929 - 24931		IBP, exclusively for beacons	
24931 - 24940	2700	All modes - digimodes, automatically controlled data stations (unattended)	
24940 - 24990	2700	All modes, 24960 kHz - Digital Voice Centre of Activity	

<b>28 MHz Band:</b>	28000 - 28070	200	CW, 28055 kHz - QRS Centre of Activity
			28060 kHz - QRP Centre of Activity
28070 - 28120	500	Narrow band modes - digimodes	
28120 - 28150	500	Narrow band modes - digimodes, automatically controlled data stations (unattended)	
28150 - 28190	500	Narrow band modes	
28190 - 28199		IBP, regional time shared beacons	
28199 - 28201		IBP, worldwide time shared beacons	
28201 - 28225		IBP, continuous duty beacons	
28225 - 28300	2700	All modes - beacons	
28300 - 28320	2700	All modes - digimodes, automatically controlled data stations (unattended)	
28320 - 29100	2700	All modes,	
		28330 kHz - Digital Voice Centre of Activity	
		28360 kHz - SSB QRP Centre of Activity	
		28680 kHz - Image Centre of Activity	
29100 - 29200	6000	All modes - FM simplex – 10 kHz channels	
29200 - 29300	6000	All modes - digimodes, automatically controlled data stations (unattended)	
29300 - 29510	6000	Satellite-downlink	
29510 – 29520		Guard channel	
29520 – 29590	6000	All modes - FM repeater input (RH1 – RH8)	
29600	6000	All modes - FM calling channel	
29610	6000	All modes - FM simplex repeater (parrot - input and output)	
29620 - 29700	6000	All modes - FM repeater outputs (RH1 – RH8)	

Member societies should advise operators not to transmit on frequencies between 29.3 and 29.51 MHz to avoid interference to amateur satellite downlinks.

Preferred NBFM operating frequencies on each 10 kHz from 29.110 to 29.290 MHz inclusive should be used.

A deviation of ±2.5 kHz being used with 2.5 kHz as maximum modulation frequency.

#### **Modifications of band plan version 29 March 2009 (Cavtat) made by the General Conference Sun City 2011:**

1. CW contest-preferred segment from 7000-7025kHz withdrawn from the Region 1 band plan.
2. Shift of 10m FM simplex channels 29520 - 29550 kHz and 29610 – 29650 kHz to 29110 – 29190 kHz.
3. Four new FM Repeater channels added: 29520 – 29550 kHz (input), respectively 29620 – 29650 kHz (output), Channels renumbered: RH1 = 29520/29620 kHz ... RH8 = 29590/29690 kHz.
4. FM Repeater (Simplex) on 29610 kHz (input and output, parrot). **ON4PC** has been appointed as 10m FM repeater coordinator for IARU Region 1.

#### **DEFINITIONS**

**All modes** CW, SSB and those modes listed as Centres of Activity, plus AM (Consideration should be given to adjacent channel users).

**Image modes** Any analogue or digital image modes within the appropriate bandwidth, for example SSTV and FAX.

**Narrow band modes** All modes using up to 500 Hz bandwidth, including CW, RTTY, PSK etc.

**Digimodes** Any digital mode used within the appropriate bandwidth, for example RTTY, PSK, MT63 etc.

(\*) Lowest dial setting for LSB Voice mode: 1843, 3603 and 7053 kHz

**NOTES**

Amplitude modulation (AM) may be used in the telephony sub-bands providing consideration is given to adjacent channel users. (NRRL Davos 05).

CW QSOs are accepted across all bands, except within beacon segments. (Recommendation DV05\_C4\_Rec\_13)

**Contests:**

Contest activity shall not take place on the 10, 18 and 24 MHz bands.

Non-contesting radio amateurs are recommended to use the contest-free HF bands (30, 17 and 12m) during the largest international contests. (DV05\_C4\_Rev\_07)

**Member societies are encouraged to publish contest operating segments clearly in the rules of their contests and that those segments are considered with due respect to the IARU band plans. (SC11\_C4\_02).**

The CW contest-preferred segment from 7000-7025kHz has been withdrawn from the Region 1 band plan . Societies should encourage contest organisers to include a rule that restricts contest activity to a limited frequency range within the CW allocation. The choice of the frequency segment is left to the discretion of the contest organisers, but should take into account expected activity levels and show consideration for non-contest operation. (SC11\_C4\_05).

**Unmanned transmitting stations:**

IARU member societies are requested to limit this activity on the HF bands. It is recommended that any unmanned transmitting stations on HF shall only be activated under operator control except for beacons agreed with the IARU Region 1 beacon coordinator, or specially licensed experimental stations.

The term "automatically controlled data stations" includes Store and Forward stations.

The frequencies in the bandplan are understood as "transmitted frequencies" (not those of the suppressed carrier!)

**Sideband Usage** Below 10MHz use lower sideband (LSB), above 10 MHz use upper sideband (USB)

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